# THE YARD

ANTI-BULLYING PROGRAM

BY SHAUN PARKER & COMPANY



## IMPROVING SOCIAL INTERACTION AND MENTAL HEALTH IN YOUNG PEOPLE THROUGH THE LANGUAGE OF DANCE

"We learnt that we shouldn't bully people because they are different" - Student

"It was phenomenal!" - Student

WINNER - AUSTRALIAN DANCE AWARD FOR OUTSTANDING ACHIEVEMENT IN YOUTH DANCE

### THE YARD ANTI-BULLYING PROGRAM

The Yard is an award-winning anti-bullying program by Shaun Parker & Company dealing with themes of bullying, social exclusion, peer pressure, and resilience.

This 1 hour program begins with a 20 minute performance of *The Yard* followed by a 40 minute interactive workshop and discussion.

**The Yard** creates a theatrical world about life in the Australian school yard. Unique, gutsy and ground-breaking, five dancers take the students on a visual experience dealing with the social issues pulsating within the schoolyard. The workshops following the performance unpack these themes, ultimately finding unity in the diversities of culture, gender and ethnicity that exist in our schools and society. Our objective is to not only empower children to deal with the issues addressed in the performance, but to also inspire and motivate them in their future careers and life choices.

The original mainstage production of *The Yard* was created with teenagers who came from migrant and refugee families based in Western Sydney. Five of these original dancers work with us today to deliver this program to schools throughout Australia.

#### CHECK OUT THE YARD ON VIMEO

https://vimeo.com/162643925

"All of the teachers were buzzing about the performance. They were so impressed with the talent and skill! I particularly loved the way you interacted with our children ensuring that they got the anti-bullying message."- Principal

#### **LEARNING AREAS**

HSIE, Creative Arts, Dance, Drama and English syllabus. Connects with strategies to promote wellbeing and intercultural understanding among students using positive psychology. Focuses on social issues such as bullying, mental health and resilience. Enhances social management, social awareness and self management capabilities. Investigates themes using storytelling, contemporary street dance languages, sporting skills, parkour and acrobatics that children strongly identify with to develop their appreciation of performance.

SUITABLE: Year 2 - Year 8

MAXIMUM AUDIENCE SIZE: 400 students

**DURATION**: 1 hour total **SET UP TIME**: 60 minutes **PACK UP**: 30 minutes

**REQUIRES**: Indoor or outdoor performing area 6m deep x 8m wide x 6m high

- suits school halls, gymnasiums or outdoor spaces

**TO BOOK** Email your completed booking form to johanna@shaunparkercompany.com • phone: 02 9351 1941

#### IMPACT

Findings from interviews with 1,100 primary students in 2017:

- 62% of children have been bullied
- 17 % of children have been a bully themselves
- 95% of children said after watching the performance that they would NOT bully again
- 81% of children said that they felt more resilient against the affects of bullying after watching the performance
- 85% of children said that they learnt some ways to help someone who is being bullied
- Of the children who said they were bullies, 91% said that they would not bully again after watching the performance

#### **MORE ABOUT SHAUN PARKER & COMPANY**

Shaun Parker & Company is an internationally acclaimed Sydney-based dance company led by award winning Artistic Director and Choreographer Shaun Parker. The Company creates contemporary dance productions and education programs, which are internationally renowned for their integration of stimulating choreographic forms, arresting musical scores, and theatrical invention.